Mississauga Arts Council

# Arts for Business

Directory
August 2022

Mississauga Arts Council

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# About MAC & Arts for Business

## About our Arts for Business Directory

MAC's Arts for Business Directory is a roster of professional performers, musicians, visual artists, instructors, photographers, and more. Every artist in this collection are available to be hired out for corporate events and team-building activities. Whether you're looking for entertainment for your company barbecue, or an interactive art class to bring your employees together, why not support local Mississauga artists while doing it!

Each artist in this directory is a member in good standing of the Mississauga Arts Council, and each has notable experience in their respective arts discipline. If you are interested in hiring an artist for their services, **please refer to the clickable social media icons on their page** as well as their direct contact information.

**Need assistance with booking an artist? Questions? Contact Mike Douglas at mike.douglas@mississaugaartscouncil.com.**
**If you hire an artist from this directory, please let us know! We're happy to share your experience and tag you on our social media channels to an audience of 25,000+!**

## About MAC

The Mississauga Arts Council is dedicated to enabling the growth of the arts by creating opportunity and connection between artists and residents in Mississauga and beyond. Our vision, mission, values and strategy all point to growing Mississauga's arts economy by providing Mississauga artists with opportunities to enhance their skills and enrich our city's quality of life.

# Concert Ready!
## MUSICIANS - COUNTRY

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

## Bree Taylor

breetaylor.com @breetaylorofficial @breetaylor

Singer-songwriter and chart topping country singer Bree Taylor is a force to be reckoned with on and off stage. Combining the sounds of pop and country with a rock and roll edge, Bree Taylor brings raw and emotional honesty to her lyrics and is excited for the opportunity to bring her upbeat, dynamic and powerful performance to your stage. She has been performing professionally since 2016 and performs acoustically, in an acoustic duo, or as a full band depending on your performance needs.

### PRICES*

Rough estimate:

- Duo: $400-$600
- Trio: $600-$800
- Full Band (4-5 piece): $1,400-$2,500+

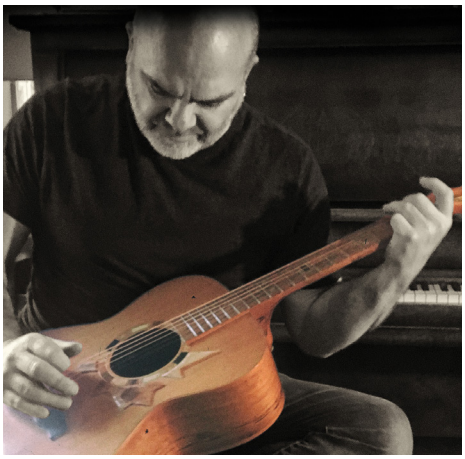
** All prices include Bree Taylor (the performer), but costs vary depending on accompaniment and length of performance. If sound/PA and/or lighting are required to be provided by the performer it would be available at an additional cost. Travelling expenses required if outside Ontario.*

### CONTACT

Bree Taylor at breetaylorofficial@gmail.com
Phone: (416) 522-4662

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

# Concert Ready!
## MUSICIANS - FOLK



## David Leask

davidleask.com @DavidLeaskMusic @leaskexpected

Originally from Scotland, David Leask is a veteran live performer with an outstanding voice, great original songs, and stellar guitar and piano playing. A born song-chaser, natural storyteller, and creator of seven critically acclaimed records, David has won multiple international songwriting awards in different genres.

David offers virtual live music experiences in his "Live From Home" private concerts. It's a mixture of cover tunes and originals - part house concert, part hootenanny, you can request your favourite songs in advance and David will also choose a few tunes spontaneously to keep it "in the moment".

### PRICES*

The fee for a private online concert is $60 +HST ($67.80) for each 30 minute segment. You can choose the length of your concert by adding additional segments.

Each 30 minute segment is for 1 household location only.
You can add more household locations to your concert for $10 + HST ($11.30) per household for each 30 minute segment. For example, a 1 hour concert with 3 households would cost $160 + HST ($180.80).

For in-person events such as conferences or corporate events, contact David to discuss options.

### CONTACT

David Leask at david@davidleask.com.

# Concert Ready!
## MUSICIANS - FOLK

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

## Wilson & The Cast Aways

wilsonandthecastaways.com @watcamusic

Two-time Mississauga Music Award nominees Wilson & The Cast Aways are an indie-folk trio, playing original and cover songs with unique arrangements and acoustic instruments. Family friendly, story songs, great for an intimate gathering of focused listening, or background entertainment.

They are constantly performing live music in a variety of venues and unique/private settings. Examples include Wintersong Music Festival, Battaglia's Charity BBQ for Sick Kids, Furlani Grilled Cheese Challenge, PAMA Thursdays: Retro Rewind, Mississauga Music Week and more.

### PRICES*

A standard Private or 'House' Concert entailing a one-hour performance from band + provision & setup of A/V equipment (PA suitable for small gathering of up to 75 people) costs $300 - 450.

All costs open to negotiation based upon scale of event & any perks to the band involved (i.e. food, lodging, opportunity to sell merch, video/photography of performance, etc).

Wilson & The Cast Aways are a versatile group of musicians interested in helping YOU make the most of your event.

### CONTACT

Andrew Wilson at hello@wilsonandthecastaways.com
Can also be contacted through website form at wilsonandthecastaways.com

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

# Concert Ready!
## MUSICIANS - HIP-HOP

## Vivek Mehmi

vivekmehmi.com @vivekmehmi @VivekMehmimusic

Vivek Mehmi utilizes musical expression as a way of healing. When faced with a life-changing illness, he was forced to examine the darkest and most challenging parts of life and transmute them with his art. It became a much-needed cathartic outlet to cope with the hardship and transition he faced and still continues to battle. Through this process, he began composing inspired songs that now serve as guidance for others seeking wellness and purpose.

His performances are inspirational, entertaining, and in addition, he can also facilitate workshops/discussion on improving health.

### PRICES

$400 for 30 min-1hr music set and/or talk

### CONTACT

Vivek Mehmi at vivekmehmi@gmail.com
Phone: (416) 937-5522

# Concert Ready!
## MUSICIANS - JAZZ

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

## Cat Bernardi

catbernardimusic.com @catbernardimusic @CBernardiMusic

Cat Bernardi has been entertaining audiences all over Ontario and beyond for almost two decades. She is a jazz vocalist, composer, band leader and arranger who sings in English, Italian, French and Spanish.

Cat performs for festivals, corporate events, private concerts, weddings and other special events - for which she caters her repertoire choices and performance-style for the individual needs of each event and or/client. She is available to perform as a solo artist, in a duo, trio, quartet or quintet. Cat's original music has been featured on Jazz FM 91.1, PopCan Radio, and Canadian Beats.

### PRICES

- Solo: $300-$600+HST
- Duo: $450-$750+HST
- Trio: $650-$1000+HST
- Full Band (4-6 piece): $1500-$3000+HST

### CONTACT

Cat Bernardi at info@catbernardimusic.com

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

# Concert Ready!
## MUSICIANS - JAZZ

## Stella Jurgen & Jazz Plazma

**stellajurgen.com/videos** **@jazzplazma** **@StellaJurgen**

Jazz Plazma and Stella Jurgen is a four-piece jazz ensemble that plays a lighter style of jazz standards and modern tunes. They like to have fun while performing and devote their attention to the audience and the quality of their music.

Jazz Plazma offers a vast repertoire of varied jazz music that includes standards, latin bossas, tangos, etc. They perform in five languages and are flexible to customize their setlist and learn new tunes to entertain an audience for three hours. Jazz Plazma's main four-piece ensemble includes piano (keyboard), upright bass, percussion and vocal. They are also able to perform as a trio or as a duo depending on the need. Their music is perfect for public, private, corporate and fundraising events. They provide sound equipment suitable for indoor or outdoor settings. They do not need too much lead time for bookings, and are flexible, professional, and ready to perform on demand.

### PRICES

**Quartet:** Starting at $500 + travelling expenses outside of the GTA. Includes 3 hours of performance.
**Additional time:** $150/hour.
**Optional Trio or Duo:** Contact Jazz Plazma for an accurate estimate.

### CONTACT

**Stella Jurgen** at (647) 549-1728 or stella@17designs.com
**Sergey Strakhov** at sergeystrakhov@yahoo.ca
**Richard Best** at rwdbest@gmail.com

# Concert Ready!
## MUSICIANS - JAZZ

**Want to listen to our artists?**
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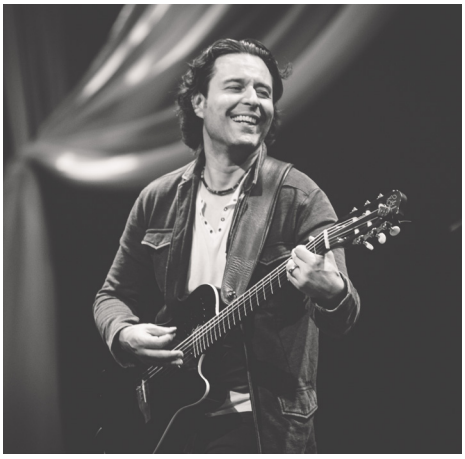

## Rob Tardik

robtardik.com @guitardik @robtardik

Rob Tardik is multi award-winning guitarist and contemporary pop/jazz/world/fusion instrumental music artist, who has performed at venues all across North America. Rob's last 10 CD recordings have spawned 6 U.S Billboard charting singles, two of which went to the Top 10 on U.S contemporary jazz radio. His recent awards include being a finalist and honorary mention in the 2019 International Songwriting Competition, winning the 2018/2007 Established Solo Music Instrumental Mississauga Arts Award (MARTY), and also placing 1st overall in the prestigious 2017 IAMA (International Acoustic Music Awards), and being named the 2010 Canadian Smooth Jazz Guitarist of the Year.

He is an active music/guitar professor at the MetalWorks Institute, Centennial College, Long-McQuade, and the Merriam School of Music, and a Godin Guitars and D'Addario endorsed artist for over 20 years.

### PRICES

Contact Rob directly for pricing.

### CONTACT

Rob Tardik at rt@robtardik.com
Phone: (416) 995-4408

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

# Concert Ready!
## MUSICIANS - POP

## Cmagic5

Cmagic5.com @Cmagic5 @cmagic5music

Cmagic5 is a high-octane and soulful singer/songwriter, musician, and performer. Covering your favorite songs to performing her original dance-pop music, Cmagic5 is sure to mesmerize you. Her sound is contemporary with a refreshing blend of old school vibes and futuristic sounds with the uniqueness of her music created by fusing other sub-genres.

With rich, soulful vocals, powerful beats, and catchy melodies, accompanied by her charismatic delivery, Cmagic5 is exhilarating entertainment for your next event!

### PRICES

Performances starting at $500. Please contact for more details.

### CONTACT

Ana Spencer at anamusicmgmt@gmail.com

# Concert Ready!
## MUSICIANS - POP

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

## Arlene

officialarlene.com @ArleneOfficialMusic @Official_Arlene

Arlene is an award-winning singer-songwriter from Mississauga. Since 2010, she has performed across Canada, UK, Europe and the US.

Her ability to perform cover songs, current and classics, can provide a sweet ambiance and easy listening vibe to your venue. She can perform solo or as a duo with either a violinist, guitarist, or percussionist (depending on who is available).

If you're looking for live music that will create an easy-going and lounge-like event, you are best to have Arlene perform and will leave you wanting more.

Check out Arlene's EPK for even more information:
www.officialarlene.com/epk

### PRICES*

Solo: $400-$500
Duo: $600-$700

*Rates vary if sound gear/PA has to be provided by the artist.

### CONTACT

Arlene Paculan at info@officialarlene.com

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

# Concert Ready!
## MUSICIANS - POP

## Mauve

mauve-music.com @mauve.music @musicbymauve

Mauve is a captivating singer-songwriter who brings contemporary polish, charm, and sharp production to her performances. Mauve was nominated for a 2021 MARTY Award in the Emerging Solo Vocalist category. She has gained over 1.3 million streams on Spotify and 2 million streams on YouTube. She is available to perform a wide range of styles either solo/acoustic or with her full live band.

### PRICES*

Rough estimate:

- $200-$800

**Varies depending on locations/venue, accompanying musicians, length of performance, etc.*

### CONTACT

Mauve at musicbymauve@gmail.com
Phone: (416) 871-3326

# Concert Ready!
## MUSICIANS - POP/R&B

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

## Nicole Faye

heynicolefaye.ca @heynicolefaye HeyNicoleFaye

With more than 15 years of professional experience in the GTA music scene, Nicole has worked with the best of the best. Dividing her time between studio and stage, Nicole is an in-demand performer and vocalist regularly appearing with Greater Toronto Area acts like The George St. Kitts Band, Sole Power and Sensation Live Band.

A passionate performer, Nicole thrives on the energy she receives from performing in front of live audiences and on live television. Most notably backing up Alessia Cara at iHeart Radio's MMVA's in 2016, as well as three live appearances on Toronto's Breakfast Television.

Nicole Faye is a musician with an impressive range of talents including singing, acting, dancing, and production. Genres performed include Top 40, Pop, Rock, R&B, Motown, Funk & Disco.

### PRICES

Appears as a solo up to and including a full orchestra.
Contact Nicole for more details.

### CONTACT

Nicole Faye at heynicolefaye@gmail.com
Phone: (416) 518-6677

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

# Concert Ready!
## MUSICIANS - POP

## Troubador (David C King)

troubador.ca @troubador.ca @ca.troubador

Troubador is a Solo singer/guitarist to entertain you with covers of classic ballads and love songs from the 1950's onwards. Listen or sing-along as Troubador performs music from artists like Neil Diamond, Simon & Garfunkel, John Denver, the Eagles, Leonard Cohen, the Bee Gees and many, many more.

Troubador performs at pubs/restaurants (e.g. Blackbird Bistro, Graydon Bar), Seniors' homes (e.g. Parkland on the Glen), public events (e.g. Taste of Cooksville, Cooksville sign unveiling, Streetsville Farmers Market, MAC events - WestEdge CC, Amphitheatre at Celebration Square), and private events - home or backyard.

### PRICES

Troubador will perform for two, three, or four sets.
Prices range between $150 and $250.
Professional audio equipment is included in the price.

### CONTACT

Troubador (David C King) at dck@troubador.ca
Phone: (416) 822-4185

# Concert Ready!
## MUSICIANS - R&B

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

## iamKHAY

iamkhay.com @iamkhaymusic

iamKHAY Live Music Entertainment offers polished, personalized, intimate live music for your corporate/personal special event, wedding, or cocktail party. Luxury entertainment delivered to you by world class musicians with musical expertise to bring you a professional live music experience.

"Powerhouse performer" and "soul stirring artist", are a few of the terms critics have used to describe the poised and passionate Canadian born vocalist, performer, and songwriter known to audiences as KHAY. With an eclectic mix of musical influences, KHAY fuses soulful vocals, cutting guitars, haunting melodies, and unmistakable groove to create an authentic multi-layered musical experience. As a powerful vocalist and entertainer, her movement and music are characterized as a 'new brand of fusion'.

### PRICES*

**Private/Corporate Special Events**
(i.e. Wine Tasting Dinner, Product Launch, Anniversary, Gallery Opening)

- 2-3 hour Event: from $1,000
- 3 hour+ Event: from $1,000-1,200

**Rates vary based on specifices of individual event. Please inquire for details.*

### CONTACT

Khay at khay@iamkhay.com

**Want to listen to our artists?**
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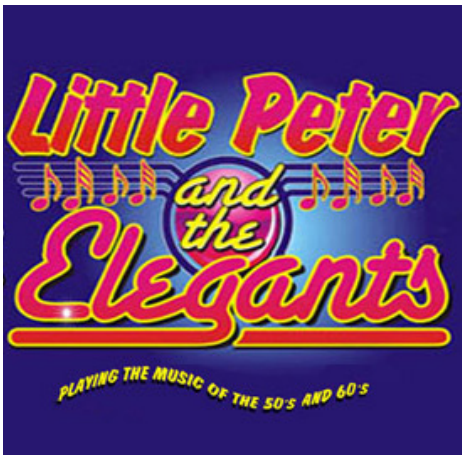
bit.ly/ArtsDirectoryMusic

# Concert Ready!
## MUSICIANS – POP/ROCK



## Little Peter & The Elegants

littlepeterandtheelegants.com  @littlepeterandtheelegants

Little Peter & The Elegants band began in 1973, during a time of nostalgia with the theatre production Grease, the movie American Graffiti, and the TV show Happy Days. The band members have changed over the years and still play the hits like you first heard them on on the radio. Pop music for all age groups - a "generation bridge"!

Through the Mississauga News Readers Choice Awards, the band was voted "Best Local Band" in 2020 and "Best Local Entertainment" in 2021. They drew some of the largest crowds to Port Credit Memorial Park for the Sunset Concert Series in 2011, 2012 and 2013. The Port Credit BIA requested the band to perform along Lakeshore Road at the Moonlight Madness evening every year from 2000 to 2007.

### PRICES

The band's price can be between $1,600-$4,000.

### CONTACT

Peter Toller at (905) 274-6131
or toller@sympatico.ca

# Concert Ready!
## MUSICIANS - TENOR

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

## Charles Di Raimondo

charlesdiraimondo.com @charlesdiraimondo Charles DiRaimondo

Charles Di Raimondo is a former member of Canada's Three Tenors, and has performed professionally in Canada and the US. Charles has performed at The Living Arts Centre, Hamilton Place, TCU Place, Saskatoon, The Rose Theatre, The Toronto Centre for the Arts, and many more venues across the country.

Charles offers the exciting show, "The Music Of Andrea Bocelli" which he performed at ITALFEST two years consecutively. He and his all-star band take audiences through a magical journey of Andrea Bocelli's timeless classics, such as "Time to say goodbye", "The Prayer", "Perfect", and many more hits.

Charles and his band also offer, "The Classic Crooners Show". This show consists of all the greatest hits from Frank Sinatra, Dean Martin, Tony Bennett and many more, perfect for large functions and events!

He can also perform the Canadian and Italian National anthems.

### PRICES*

"Music of Andrea Bocelli" show: $5,000 complete with band & PA.

This can be scaled down for a shorter show and scaled-down even further if performed without a band using background music tracks instead. Contact Charles for more information.

### CONTACT

Charles Di Raimondo at charlesdiraimondo@gmail.com
Phone: (416) 452-1434

**Want to listen to our artists?**
Click here or visit
bit.ly/ArtsDirectoryMusic

# Listen and Learn!
## MUSICIANS - WORLD

## Deep Ganguly

mybansuri.com  @magicbansuri

Deep Ganguly is a Bansuri bamboo flute musician, writer, speaker, and teacher of the Indian Classical music genre. Deep is known for his niche series, Bird Flutes and World of Flutes, which explore the multitude of flute sounds from all over the world. Deep offers a unique display and demonstration of a collection of these flutes, including: Chinese, Indian, Inca Death whistles, Bird Flutes and more!

### PRICES*

A 45-60 minute show of fun and exploration: $500.

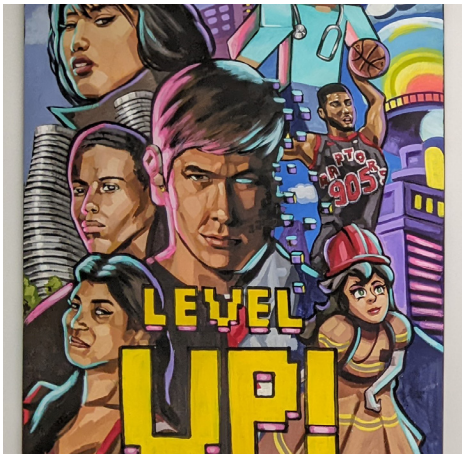
**Selected flute collection display is subject to space available, distance travelled, etc. Contact Deep for more information.*

### CONTACT

Deep Ganguly at bansibhai3@gmail.com
Phone: (416) 988-8427

# Murals 4 Better Business

## MURALS WITH MAC



## Murals with MAC

mississaugaartscouncil.com/programs/murals-with-mac-and-boxes-and-banners/

### ABOUT

Easy, full service Murals with MAC is a public/private beautification program putting local professional artists to work transforming plain office walls into art sites with inspirational and colourful works that animate spaces into engaging places, connecting them to the company, employees and customers, with creative representations that celebrate the best of their corporate community and culture.

Art in the workplace reduces stress, boosts productivity and enriches creativity. Major surveys on benefits of art in the workplace found:

- 94% thought art enhances the work environment
- 84% thought it shows interest in improving quality of life in the workplace
- 78% of respondents thought art reduces stress in the workplace

### PRICES

Cost is determined by square feet, $21 per square foot for a medium ranged artist and may go up to $40 or more for a top artist. Murals with MAC will work with clients to determine the best solution to meet the needs of their special project.

### CONTACT

Jacqueline Mak, MAC Creative Director & Strategist:
jacqueline@mississaugaartscouncil.com

# Visual Arts
## INSTRUCTORS - PAINTING

## Khaula Siddique (Mazhar)

khaulasiddique.com @khaulasart Khaula'S Art Khaula S Art

Khaula Siddique (Mazhar) is self-taught, award-winning visual artist working with resin, spray, acrylic paint and digital media. Inspired by the natural world as well as the nature of people, she loves bringing art with a message to the community through art activities, public art and unique exhibitions. A true believer in the therapeutic benefits of art, she works with not-for-profit organizations to bring art to the community. Her public art can be seen around the GTA, and her work is part of public and private collections around the world.

### PRICES*

- **Online Sessions:** $250 /session
  Sessions usually last 45-60 minutes. All participants are responsible for their own supplies, a material list and instructions will be provided ahead of the paint session date. The organization usually hosts the Zoom event.
  If Khaula is hosting the event, the session would be $300.
  Unlimited number of participants.
- **In-Person Sessions:** $30-35/participant.
  Khaula will supply all the art materials. Cost varies slightly with distance of the venue. Sessions are usually 1.5 hours but may last longer. Max. participants: 24

**Please note costs do not include HST.*

### CONTACT

Khaula Siddique (Mazhar) at khaulamazhar@yahoo.com
Cell: (289) 937-6414

# Visual Arts

## ARTS INSTRUCTION & FACE PAINTING

## Nisreen Askar

nisreenartstudio.com @nisreen.art @nisreenartstudio

Nisreen Askar is a multidisciplinary artist living in the city of Mississauga. She has received numerous accolades and awards. Nisreen studied Fine Arts at Sheridan College and graduated with Honours and has a Visual Art Diploma from the ICS Canada. She is an active member of Mississauga Arts Council, Art Gallery of Mississauga, and Visual Arts Mississauga, and has participated in many art group and solo exhibitions. Nisreen teaches visual arts and craft in many different styles, techniques, and media. She offers live painting events and face painting.

### PRICES

Cost varies depending on number of participants, travel distance to event, and the type/length of service provided.

On average, a face painting or craft session costs $75-$125/hour.

Please contact Nisreen to discuss fees and costs for her services.

### CONTACT

Nisreen Askar at
nisreenart@yahoo.com
Phone: (647) 241-1141

Nisreen Arts Studio
Unit#203 - 268 Lakeshore Rd E
Mississauga, ON L5G 1H1

# Visual Arts
## INSTRUCTORS - ARTS & CRAFTS

## Queti Azurin

quetiazurin.com  fancymomma.com  makeartcraftclub.com

Queti Azurin is a visual artist, maker and art and craft instructor. She offers painting and craft workshops to corporations for team building activities. Creative workshops are a great stress reliever and great for employee bonding time that fosters connection and synergy among team members. Participants come out of workshops encouraged and inspired by the process.

### PRICES

Contact Queti directly for pricing.

### CONTACT

Queti Azurin at info@quetiazurin.com
Phone: (647) 926-5593

# Visual Arts
## INSTRUCTORS - WATERCOLOUR

## Angela Chao (Mindless Doodles)

angelachao.ca @mindlessdoodle @mindlessdoodles

Award-winning visual artist and muralist Angela Chao uses art to communicate and process her emotions arising from her head injury. Angela is committed to sharing her concussion experience to help others overcome their own darkness with a passion. When she paints, her subconscious is speaking what she cannot express through words. Painting is her form of communication.

Angela is currently the Programs Manager at StyleWorthy Studio in Streetsville, Mississauga. This studio is focused on bringing creative workshops featuring arts, music, and poetry/ writing to improve our mental health and bring more accessible support programs to the community.

### PRICES

- **Watercolor painting instructor:**
  $250/hour - over ZOOM, up to 50 people
- **In-person at StyleWorthy Studio:**
  $15/person - 10 people minimum booking, 12 people max. StyleWorthy is located at 8 Maiden Lane, Streetsville.

**Mural Artist**

- Painted on site based on style, color and music choice. Will work with client on drafts and revisions of mural with digital images. Cost determined by size of wall and project time frame.

### CONTACT

Angela Chao: angelachaobella@gmail.com

# Health & Wellness

## THERAPEUTIC WRITING AND CREATIVE WORKSHOPS

## Susan Ksiezopolski (WriteWell)

write-to-heal.ca @writewell_2020 @mywordsfrommyheart

Susan Ksiezopolski is an award-winning writer of two poetry books *My Words*, *Writing for Change*, and two writing aides *The Writer's Workbook* and *Fuel Your Creativity*. Her poetry has also been featured in various anthologies, the Canadian Immigrant Magazine, Alt-Minds Magazine and FreeLit Magazine as well as on various other online platforms.

A graduate of Humber School for Writers, Susan, under the name WriteWell, has developed and delivers expressive writing workshops across the GTA. WriteWell offers a range of creative workshops. A variety of arts based activities are incorporated, aimed at promoting wellbeing through the power of writing. Workshops support development of communication skills for self-expression and personal growth.

### PRICES*

**WriteWell Creative Workshops**

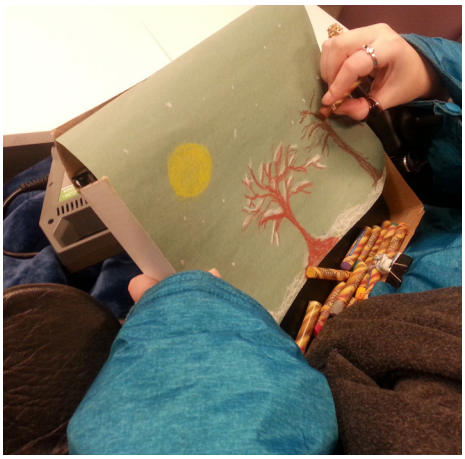
- $250 for one hour session
- $750 for half-day program
- $1,500 for full day program

**Customizable based on organizational needs*

### CONTACT

Susan Ksiezopolski at info@mywordsnow.com

# Health & Wellness
## THERAPEUTIC VISUAL ARTS



## Netta Ussyshkin

martyshub.com/user/netta13 LinkedIn: netta-u

Netta Ussyshkin is an illustrator and therapeutic arts practitioner in Mississauga. In her practice, she uses multimedia art to facilitate creative expression and social connection in community settings. Netta has 10+ years facilitating creative recreation programs, and 5+ years professional experience in mental health research.

### PRICES

**Option A: 8-Week Curated Program "Inspiring Connection and Expression"**

- 1 hour session per week, closed group, registration and intake process
- 5 or 10 Participants
- Content: Guided Art-making with visual & auditory prompts
- Media: Pencil, Marker, Oil/Chalk Pastel, Acrylic, Watercolour, Collage
- 10 participants: $1200
- 5 participants: $800

**Option B: Drop-In Sessions "Art, Music, Mind & Body"**

- 1 hour session, open group, book in advance
- Up to 10 Participants
- Content: Guided Art-making with visual & auditory prompts
- Media: Colour Pencil, Marker, Oil/Chalk Pastel, Acrylic, Watercolour, Collage
- Regular Class Fee: $300

**Trial Class "Introduction to the Therapeutic Arts"**

- One-time trial offer per client or company to encourage arts-based programming
- Trial Class Fee: $150

### CONTACT

Netta Ussyshkin at netta332@gmail.com. Phone: (437) 345-6757

# Health & Wellness

## STUDIO SPACE AND WELLNESS WORKSHOPS

## StyleWorthy Studio

styleworthy.ca @StyleWorthy @style_worthy

Styleworthy™
BY JENNIFER RABANILLO

A peaceful workspace and studio to offer to Creatives & Artists alike: Artist Workshops, Exhibit Artwork, Meetings, private Events, Workshops and more!

**Studio 1400sq ft:**

- 2 @ 100" x 67" white tables
- 8 x white chairs
- 6 x white folding chairs
- Washroom access
- Own entrance

**Shop 1000 sq ft:**

- 2 @ private rooms 15' x 10'
- Office desk with chair
- Lounge area
- Treatment/Focus Room
- Content reation Equipment

### PRICES

**Studio Private Event Investment**

- $150 (3 hour minimum)
- $45/hour there after
- Full Day (8 hours): $450
- 14 person seated capacity in studio
- 50-60 person standing in studio/shop

**Private Room Investment**
LAS FLORES & THE MEADOW

- $25/hour
- $150/7 hour day
- $500/month for 28 hours
- Based on own client base and no marketing.

**Want to display your art for a month?**
Must hang and repair 20' wall space
$500: Complimentary 3 hours to host open house

### CONTACT

Jennifer Rabanillo at hello@styleworthy.ca
(226) 444-8652

# Health & Wellness
## THERAPEUTIC VISUAL ARTS

## Karlene Bland

karleneblandfineart.com @karleneblandart @karleneblandfineart

Karlene is an artist who balances between creating her own artwork, art services (including murals), commissions (houses, pets, people, landscapes, etc), painting at weddings, corporate parties, and sharing the joy of creating artwork with others. Karlene hosts paint parties, therapeutic art classes in person or ZOOM, and team building through fun, collaborative art creation.

Karlene is currently teaching with the Oakville Art Society and Options Mississauga. She is the Coordinator of the Oakville Community Outreach Art Program in partnership with the Oakville Arts Council, facilitating art sessions for differently abled students, seniors in retirement homes, individuals with dementia, newcomers group, brain injury services, and at-risk youth.

### PRICES

Generally $20-$45 per person for a 2-3 hours session or a group rate depending on number of participants, with/without art supplies, length of time, venue, etc.

### CONTACT

Karlene Bland at blandk@gmail.com
Phone: (905) 815-1783

# Health & Wellness

## CORPORATE ENGAGED ARTS

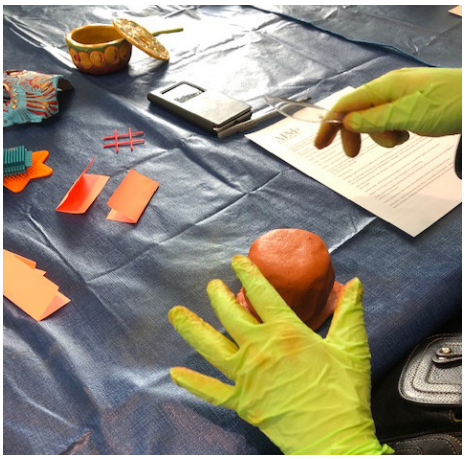
## Artists in Momentum (AIM)

artistsinmomentum.com @aimforbreakingthemould @artists_inmomentum

artists in momentum

### CORPORATE ENGAGED ARTS

Centred around mental health, the key element surrounding delivery and success of the programs is the shift from passive to active participation. An inclusive and collaborative arts experience, the sessions are designed for participants to reflect, while engaging in creative self expression. Anchored in innovative exposition, attendees are encouraged to explore their innate creative skills, through diverse art forms.



*"The workshop "Let's Reflect on Mental Health" that Anna recently facilitated for Ascend Canada is just one of many illustrations of her commitment to furthering mental wellness through her organization, Artists in Momentum."*
- Anuja Sheth, SVP Technology Svcs, Bell Canada.

### PRICES

**Duration - 60 minutes (includes 3 artforms)**
Cost - $750 for 15-18 participants (in-person), up to 50 (Zoom)

Available Art Forms:

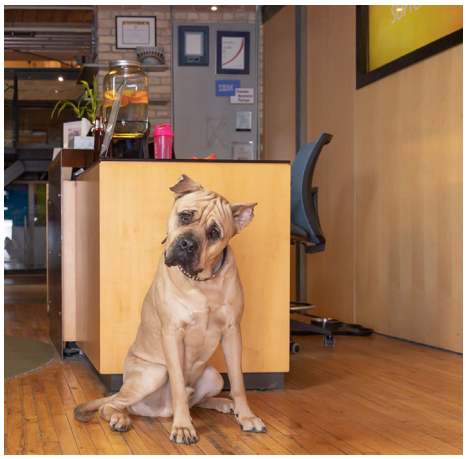
- Visual Art
- Story Telling
- Movement
- Theatre
- Music
- Journaling

**Add $150 per 30 minute increment to program, and can include an additional art form*

### CONTACT

Anna Silgardo, Artists in Momentum Founder at (416) 319-2783 or artists@artistsinmomentum.com

# Get Creative!
## WORK EVENT – PET DAY



### dog@work PHOTOGRAPHY

karenweilerphotography.com @dogphotographer @PoshPetsPhotography

dog@work is *the* event for your pet-friendly workplace! Engage your employees during internal implementation days or client events by having their dogs and cats photographed onsite. Employees will thank you for photos of their best friend, and you will have drool-worthy imagery for internal communications and marketing materials.

dog@work is run by animal and pet photographer Karen Weiler.

### PRICES

All events are quoted individually based on client requirements.

### CONTACT

Karen Weiler at karen@karenweilerphotography.com
Phone: (416) 568-2547

For examples, see the website:
karenweilerphotography.com/dog-at-work-toronto-photographer-2/

# Get Creative!

## TEAM BUILDING - COACHING

## Chris Mitchell

## PROFESSIONAL COACHING FOR CREATIVES

chrismitchell-lifecoach.com @chrismitchell_coachescreatives

Chris Mitchell (BFA, Internationally Accredited Professional Certified Coach (PCC), Certified Professional Co-Active Coach (CPCC) through the Co-active Training Institute®) offers life, career, and professional development coaching for creatives. Ready to take your creative practice/career/business to the next level or a new direction? Results oriented support to clarify your direction, goals and take action. Cultivate confidence, creativity, mindset and focus. Chris offers customized individual coaching, group coaching programs, and workshops.

Chris has worked with: Arts Etobicoke, Artscape Daniels Launchpad, Craft Council of British Columbia, Craft Ontario, DesignTO, Mississauga Potters Guild, Robert McLaughlin Gallery, The Steps Initiative, Toronto Outdoor Art Fair, Woodstock Gallery, Workman Arts, York Region Arts Council.

### PRICES

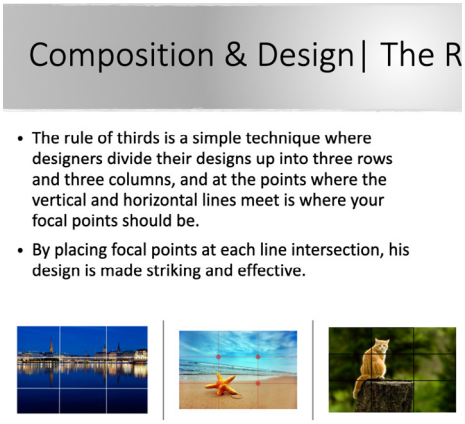
**Individual Coaching** from $895/6 sessions
**Group Coaching** from $165 per person/4 sessions
**Workshops** from $300

Visit chrismitchell-lifecoach.com for details on individual coaching, group coaching, and workshops.

### CONTACT

Chris Mitchell at chrismitchell.lifecoach@gmail.com

# Get Creative!
## TEAM BUILDING
### MAKE MOVIES WITH YOUR PHONE




## 1-Minute Mysteries with Vik Moudgill

Vik Moudgill is a Cinematographer and Editor working in the online Video Creator space for 12+ years.

As a Resident Artist at the Living Arts Centre, Vik found a passion for teaching Filmmaking to students of all ages. Vik teaches the steps and provides the tools to enable the essential storyteller in all of us to emerge.

Vik's 1-Minute Mysteries is a team building exercise where members all participate in writing, planning and executing creating a mystery film with any handheld device, no editing required. Each member must participate in writing, filming or acting. In the end, groups will solve each others mysteries.

## PRICES

**Development of Program**

- Time required: 5 hours
- Cost: $50/hour
- = $250

**Facilitation of Program**

- Time required: 1.5 hours
- Cost: $150/hour
- = $225

## CONTACT

Vik Moudgill at vikmoudgill@gmail.com
Phone: (647) 831-1783

# Get Creative!

## TEAM BUILDING - DANCE AND THEATRE

### Frog in Hand

froginhand.com @froginhand

Frog in Hand is Mississauga's only site-specific dance-theatre company. For 10 years they have been crafting unusual performances in exciting locations, frequently outside of a traditional dance studio or theatre. Their mandate is to create, perform and teach dance works that tell a story, and they have built a vibrant and diverse community of professional artists with distinctive backgrounds.

For your next corporate or team-building gig, Frog in Hand will offer a totally unique experience, tailor-made to suit your needs. Our offerings include welcoming workshops in acting (scene study, improvisation, introduction to acting), team building dance workshops (partnering exercises, fun choreography to suit beginners), and even exclusive VIP performances (watch one of their works and meet the artists for a post-show Q&A, or a pre-show chat with the creative team).

Depending on our performance schedule, shows and offerings may vary. Frog in Hand are experienced arts educators who are ready to meet you where you are at and create a custom experience your team will be talking about for years to come!

### PRICES

$25-$50 per participant, per workshop (negotiable, please contact Frog in Hand).

### CONTACT

Email Frog in Hand at froginhand@gmail.com.

# Get Creative!
## ENTERTAINMENT & INSPIRATION

## Take Your Power Back with Rob Tardik & Kimberley Black

robtardik.com kimberleyblack.com

The multi-award-winning Rob Tardik band & special guests, featuring survivor & keynote speaker, Kimberley Black, will take the audience on a journey of overcoming trauma, building resilience, and inspiring hope through the art of dance, storytelling, and music.

**Take Your Power Back** will feature Kimberley's miraculous story of her survival of attempted murder in the midst of the pandemic and promote the beauty of humanity in times of crisis through illustrations of the community support and love received. The audience will be inspired with ideas of how they can help others, and themselves, to take their power back.

Set to new music by the multi-award-winning Rob Tardik band, including B Positive, the song written by Rob in recognition of Kimberley's resilience and positive spirit, along with interludes of choreographed dance performances, the audience will be inspired to take their power back. Featuring special guest Latin singer-songwriter Amanda Martinez, and blues & soul vocal artist Sandra Bouza.

### PRICES

Please contact for pricing.

### CONTACT

Rob Tardik at rt@robtardik.com
Phone: (416) 995-4408.

# Get Creative!
## TEAM BUILDING - MUSIC

## MySchoolROCKS presents MyTeamROCKS

myschoolrocks.org @My_School_ROCKS

**Attention Corporate Team Leaders and Organizational Administrators! Are you Looking to rejuvenate your organizational vibe?**

From the artistic innovators that brought you MySchoolROCKS, the MyTeamROCKS experience offers an engaging mix of interactive music workshops and creative team building activities that explore interpersonal relationships, creative thinking and responsible risk taking.

**Have your team reconnect and re-energize as they perform ROCK and ROLL's greatest anthems! Guaranteed to entertain, educate and electrify, MyTeamROCKS will help you unlock your organizational potential!**

The "R.O.C.K.S" methodology infuses Arts based experiential programming with the meta-cognitive exercise of learning music to help participants explore creativity, teamwork, and problem solving. Utilizing an engaging blend of musical instruction, collaboration, goal setting and strategic thinking, MyTeamROCKS workshops will invigorate your workplace.

**No musical experience required - musical experience guaranteed!**

### PRICES

Please contact MySchoolROCKS for information and pricing tailored to your team's needs.

### CONTACT

MySchoolROCKS at (647) 285-2567

MISSISSAUGA ARTS COUNCIL'S

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